

Talking to Children About Tragedy and the Recent Shooting

A PARTNER IN
NCTSN

The Nation
Traumatic

The recent shooting has evoked many emotions--sadness, grief, helplessness, anxiety, and anger.

Children who are struggling with their thoughts and feelings about the stories and images of the shooting may turn to trusted adults for help and guidance. This article from the National Child Traumatic Stress Network, "[Talking to Children About the Shooting](#)," has helpful tips for adults.

[Additional Resources from The Vermont Department of Mental Health](#)

[The Dougy Center - Supporting Children and Teens after a Murder or Violent Death](#)

[The Dougy Center - Tips for Supporting Grieving Children](#)

[Helping Your Child Cope with Public Tragedy](#)