

## Family Advisory Council

Sept 19, 2024

# TOPIC: Understanding and Supporting Children with Anxiety and Depression

4:30-6:00 p.m. | Virtual meeting on Zoom

Does your child experience anxiety or depression? Join us for a discussion with Amanda Tanner, Outpatient Clinical Supervisor. She'll explain how these conditions impact our children, at home and school, and share helpful information and support options. We hope you can be a part of this important conversation. Questions welcomed and encouraged!

## Upcoming Meetings

### Family Advisory Council

- September 19, 2024
- January 23, 2025
- March 20, 2025

### Agency Advisory Meeting

- November 7, 2024
- May 15, 2025

Now providing a \$25 stipend to family and caregiver participants

## Please Join Us!

### Family Advisory Council

The Council welcomes family members and caregivers to join the conversation about supports and services for children and youth with mental health and developmental needs, including autism.

*Meetings will occur from 4:30-6:00 through the Zoom platform, which requires a digital invitation.*

Please contact Lucy Mallon for this invite, or for any other information, at [lmallon@howardcenter.org](mailto:lmallon@howardcenter.org).

